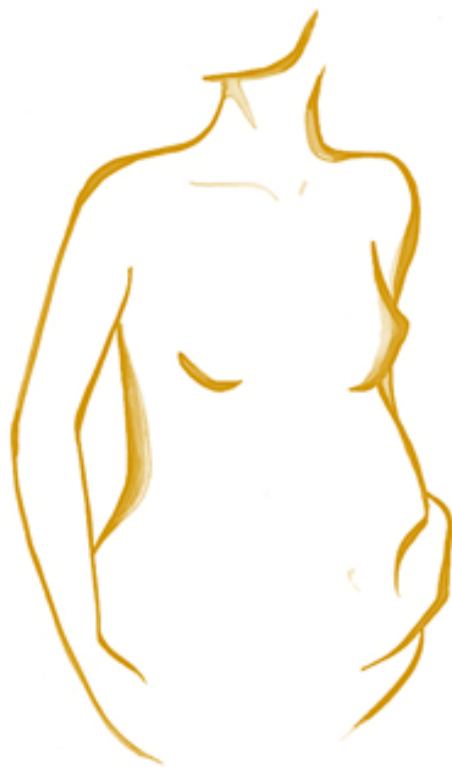




Government of **Western Australia**
North Metropolitan Health Service
Women and Newborn Health Service



Physiotherapy during Pregnancy



Education

PREGNANCY BIRTH AND BEYOND

Information for while you are pregnant giving practical advice in a group environment.

TENS Classes

Learn how to use a TENS unit during labour as a pain relief option.



Pain during your Pregnancy

ANTENATAL MUSCULOSKELETAL CLINIC

A short 1:1 appointment with the Physiotherapist to assess and treat pregnancy related pain only

No referral required. Open to any Mum delivering at OPH.

Bookings via Eventbrite

Use the QR codes to book and view all session times



or visit MS Bookings:

<https://rb.gy/1tr9oy>

