



Day Therapy Unit (DTU) Occupational Therapy (OT) at Osborne Park Hospital (OPH) - Referrals

Eligibility

65 years +* (50+ years ATSI)

Check postcode (see reverse)

OPH Catchment
Clients may be referred for any
of the OT services
detailed below
(outpatient or within the home)

JHC Catchment
Clients may be referred for
**OT home visiting services
only**

* Adults under 65 years living within the OPH/JHC catchment area **may** be eligible for **outpatient OT rehabilitation services**

NB: Patients **only** requiring assessment for **support services within the home and/or ACAT assessment**, please refer via **My Aged Care** (www.myagedcare.gov.au).

For all referrals to OT, please refer below:

Outpatient Rehabilitation

- Self-care Retraining Strategies (dressing / eating etc)
- Household Management Skills Retraining (kitchen / laundry tasks)
- Fatigue Management
- Pressure Care Management and Advice
- Seating and Positioning (basic pressure care)
- Practical Stress/ Anxiety Management
- Functional community mobility eg: scooter assessment and training
- Energy Conservation Strategies
- Access to Technology
- Practical Stress/ Anxiety Management
- Training in use of adaptive equipment

Home Assessment / Home Visit Service

- General – assess safety / independence, function and access
- Falls prevention / management and education
- Prescription and provision of basic and essential aids
- Reinforcement of cognitive strategies in the home environment
- Prescription of basic and essential equipment and home modifications (at no cost)

Specialist Memory / Cognitive Clinic

- Cognitive Screening and assessment
- Memory strategies
- Dementia Strategies
- Post – Delirium follow up
- Cognitive strategies for patients **and** carers

Hand and Upper Limb Clinic

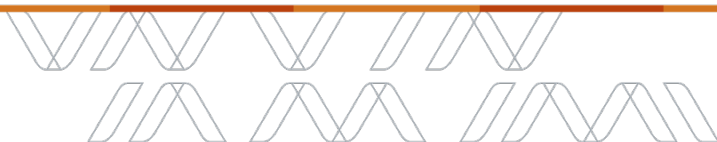
- Hand and Upper Limb restrengthening
- Co-ordination Exercises
- Dexterity
- Arthritis Management
- Basic Hand Splinting
- Handwriting Retraining

Falls Prevention / Management

- Identification of falls risk factors
- Strategies to prevent falls within the home
- Equipment prescription / home modification
- Home safety assessment

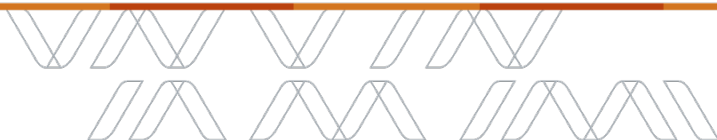
Provision of Comprehensive, Holistic Service

Facilitation of referrals to multidisciplinary team eg Physiotherapy, Speech Pathology in the DTU (with primary health care provider and patient consent). Referrals to third party services and home support services including Commonwealth Home Support Programme and My Aged Care for an ACAT assessment may also be completed. Feedback is provided to the initial referrer/primary health care provider.



OPH Catchment Areas

Alexander Heights	6064	Hamerlsey	6022	Osborne Park	6017
Balcatta	6021	Innaloo	6018	Scarborough	6019
Balga	6061	Joondanna	6060	Sorrento	6020
Carine	6020	Karrinyup	6018	Stirling	6021
Churchlands	6018	Koondoola	6064	Trigg	6029
Coolbinia	6050	Marangaroo	6064	Tuart Hill	6060
Craigie	6025	Marmion	6020	Warwick	6024
Dianella	6059	Menora	6050	Waterman	6020
Doubleview	6018	Mirrabooka	6061	Wembley Downs	6019
Duncraig	6023	Nollamara	6061	Westminster	6061
Girrawheen	6064	Karrinyup	6018	Woodlands	6018
Glengarry	6023	Innaloo	6018	Yokine	6060
Greenwood	6024	Noranda	6062		
Gwelup	6018	North Beach	6020		



Joondalup Health Campus (JHC) Catchment Areas

Alkimos	6065	Hocking	6065	Neerabup	6031
Ashby	6065	Iluka	6028	Nowergup	6032
Ballajura	6066	Jandabup	6065	Ocean Reef	6027
Banksia Grove	6031	Jindalee	6032	Padbury	6025
Beldon	6027	Joondalup	6027	Pearsall	6065
Burns Beach	6028	Kallaroo	6025	Pinjar	6065
Butler	6032	Kingsley	6026	Ridgewood	6030
Carabooda	6033	Kingsway	6065	Quinns Rocks	6030
Carramar	6031	Lexia	6065	Sinagra	6065
Clarkson	6030	Madeley	6065	Tamala Park	6030
Connolly	6027	Mariginiup	6065	Tapping	6065
Currambine	6028	Merriwa	6030	Two Rocks	6037
Darch	6065	Mindarie	6030	Wangara	6065
Edgewater	6027	Mullaloo	6027	Wanneroo	6065
Eglinton	6034	Kinross	6028	Woodvale	6026
Gnangara	6065	Landsdale	6065	Yanchep	6035
Heathridge	6027				
Hillarys	6025				

Referrals

Referral forms can be found on the OPH website: oph.health.wa.gov.au/forms or letter with referral details may be emailed to OPHOcTherapy@health.wa.gov.au or faxed to **6457 8308**.

This document can be made available in alternative formats on request.

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